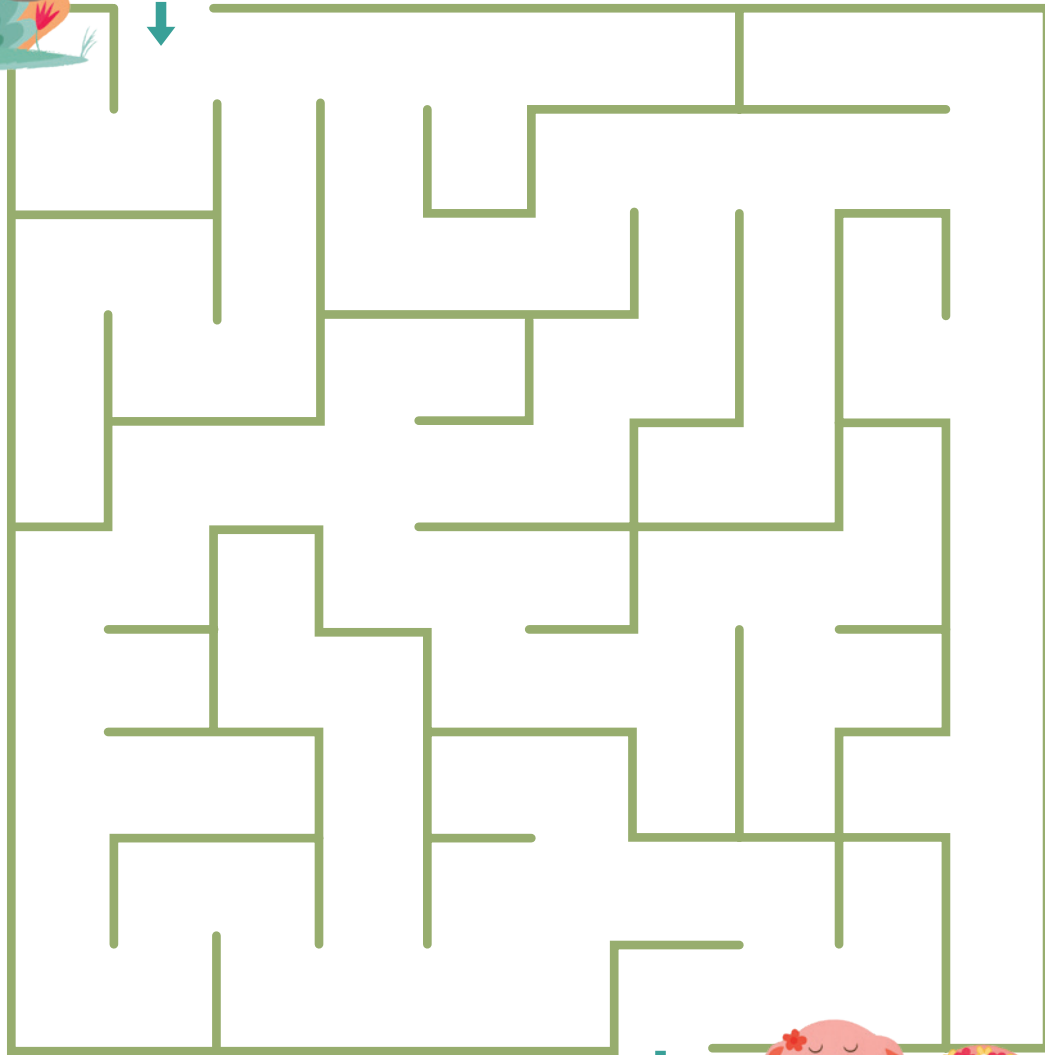


# Help the Wolf Find His Breath—Through the Maze!

When the wolf gets angry or frustrated, he knows he should find his breath instead of huffing and puffing. But sometimes, he needs help from his yogi friends. Complete the maze to help the wolf find his way to the yogis.



**START**



**END**



Also Available



**THE THREE LITTLE YOGIS AND THE WOLF WHO LOST HIS BREATH**

by **Susan Verde** · illustrated by **Jay Fleck**



@abramskids abramsbooks.com #ThreeLittleYogis #FeelGoodFairyTales

Illustration © 2020 Jay Fleck



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# Name That Pose!

Yoga poses often have names that describe what they look like.  
Draw a line to match the pictures of the yoga poses to the correct name of the pose.



**HALF-MOON**



**TREE**



**BUTTERFLY**

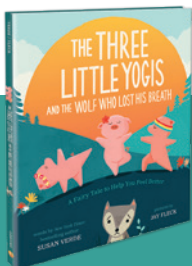


**DOWNWARD DOG**

Can you create your own yoga pose?  
Draw a picture of your pose, and write the name for it on the line below.



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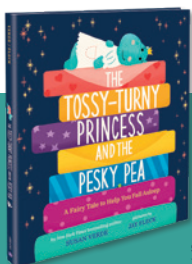
# Tell Your Own Fairy Tale!

*The Three Little Yogis and the Wolf Who Lost His Breath* is a retelling of the story of the three little pigs and the big bad wolf. In this version, the wolf doesn't huff and puff and blow down the little pigs' houses—instead, he learns how to meditate and calm down.



Can you think of another fairy tale where a character could use meditation instead of getting angry or upset? How would it change the story? Write or draw a picture below to show a different version of a story you know.

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